



وَرَتِّلِ الْقُرْآنَ تَرْتِيلًا

"And recite the Qur'an with measured recitation." (al-Muzzammil 73:4)

My Hifdh Planner

A printable planner for memorising the Qur'an: set your goal, plan each week, track every juz and keep your revision firm.

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

How to use this planner

This planner is your hifdh in one place: your goal, your weekly plan, what you memorised and revised each day, and what your teacher said. Print it, keep it beside your mushaf, and fill it in every day. A few lines a day is enough.

Every day has three parts

1	New lesson (sabaq): the new portion you memorise today, recited to your teacher or a parent.
2	Recent revision (sabqī): the last few pages or the last juz you memorised, revised every day so the new lesson settles.
3	Old revision (manzil): a portion of everything older, in rotation, so nothing you memorised is forgotten.

- **Use one mushaf**, the same print every day, so your memory of each page stays reliable.
- **Write in pencil** so you can correct, and be honest. The planner is for you, not for show.
- **Bring it to class.** Ask your teacher to tick the “Teacher check” box and write a short note.
- **Parents:** look at it once a week, praise the effort, and sign the monthly review.

أَحَبُّ الْأَعْمَالِ إِلَى اللَّهِ أَدْوَمُهَا وَإِنْ قَلَّ

“The most beloved deeds to Allah are the most consistent, even if small.”

Narrated by al-Bukhārī (6464) and Muslim (783).

Need the method?

This planner goes with our free guides **Steady Hifdh** (how to build a daily routine) and **Mastering the Mutashābihāt** (how to keep similar verses apart), both at himaayahschools.com/resources.html.

Start My hifdh profile and goal

Name	
Started on	
My teacher	
Class times	
Mushaf I use	For example: Madinah mushaf, 15 lines, 604 pages
What I have memorised so far	
Where I am now	Surah _____ Ayah __ Page ____
My goal	For example: Juz 'Amma by June, or the whole Qur'an in 3 years
My daily new lesson	For example: 5 lines, half a page, 1 page
My daily time	For example: 30 minutes after Fajr

My intention

Why do I want to memorise the Qur'an? Write it in your own words and read it when you feel tired.

خَيْرُكُمْ مَنْ تَعَلَّمَ الْقُرْآنَ وَعَلَّمَهُ

“The best of you are those who learn the Qur'an and teach it.”

Narrated by al-Bukhārī (5027).

Plan How long will it take?

The Madinah mushaf most students use has **604 pages** (about 20 pages a juz). This table shows roughly how long the whole Qur'an takes at different daily new lessons, if you memorise **five days a week** and keep the other days for revision. Real progress depends on revision, illness, exams and holidays, so treat it as a guide and agree your pace with your teacher.

Daily new lesson	One juz	The whole Qur'an
5 lines (a third of a page)	about 12 weeks	about 83 months (7.0 years)
Half a page	about 8 weeks	about 56 months (4.6 years)
1 page	about 4 weeks	about 28 months (2.3 years)
1.5 pages	about 3 weeks	about 19 months (1.5 years)
2 pages	about 2 weeks	about 14 months (1.2 years)

Choose a pace you can keep

A smaller lesson you never miss is better than a big one you keep skipping. Many students start with 5 lines or half a page and increase it once their revision is steady.

As your memorised portion grows, your old revision grows too. If revision starts to slip, slow the new lesson rather than stopping revision.

My plan

Daily new lesson	
Days a week for new lessons	
My target date	
Days for revision only	

Tick each column as you go and write the date you finished the juz.

Juz	Start	Done	Test	Firm	Date	Juz	Start	Done	Test	Firm	Date
1	☐	☐	☐	☐		16	☐	☐	☐	☐	
2	☐	☐	☐	☐		17	☐	☐	☐	☐	
3	☐	☐	☐	☐		18	☐	☐	☐	☐	
4	☐	☐	☐	☐		19	☐	☐	☐	☐	
5	☐	☐	☐	☐		20	☐	☐	☐	☐	
6	☐	☐	☐	☐		21	☐	☐	☐	☐	
7	☐	☐	☐	☐		22	☐	☐	☐	☐	
8	☐	☐	☐	☐		23	☐	☐	☐	☐	
9	☐	☐	☐	☐		24	☐	☐	☐	☐	
10	☐	☐	☐	☐		25	☐	☐	☐	☐	
11	☐	☐	☐	☐		26	☐	☐	☐	☐	
12	☐	☐	☐	☐		27	☐	☐	☐	☐	
13	☐	☐	☐	☐		28	☐	☐	☐	☐	
14	☐	☐	☐	☐		29	☐	☐	☐	☐	
15	☐	☐	☐	☐		30	☐	☐	☐	☐	

Start: I began this juz. Done: I memorised all of it. Test: my teacher heard it in one sitting. Firm: I recite it in old revision with very few mistakes.

Track Surah checklist

Tick a surah when it is memorised and tested. Many students memorise from an-Nās backwards through Juz 'Amma first; follow your teacher's order.

No.	Surah	✓	No.	Surah	✓	No.	Surah	✓
1	al-Fātiḥah الفاتحة	☐	39	az-Zumar الزمر	☐	77	al-Mursalāt المرسلات	☐
2	al-Baqarah البقرة	☐	40	Ghāfir غافر	☐	78	an-Naba' النبأ	☐
3	Āl 'Imrān آل عمران	☐	41	Fuṣṣilat فصلت	☐	79	an-Nāzi'āt النازعات	☐
4	an-Nisā' النساء	☐	42	ash-Shūrā الشورى	☐	80	'Abasa عبس	☐
5	al-Mā'idah المائدة	☐	43	az-Zukhruf الزخرف	☐	81	at-Takwīr التكوير	☐
6	al-An'ām الأنعام	☐	44	ad-Dukhān الدخان	☐	82	al-Infīṭār الانفطار	☐
7	al-A'rāf الأعراف	☐	45	al-Jāthiyah الجاثية	☐	83	al-Muṭaffifīn المطففين	☐
8	al-Anfāl الأنفال	☐	46	al-Aḥqāf الأحقاف	☐	84	al-Inshiqāq الانشقاق	☐
9	at-Tawbah التوبة	☐	47	Muḥammad محمد	☐	85	al-Burūj البروج	☐
10	Yūnus يونس	☐	48	al-Fatḥ الفتح	☐	86	aṭ-Ṭarīq الطارق	☐
11	Hūd هود	☐	49	al-Ḥujurāt الحجرات	☐	87	al-'Alā الأعلى	☐
12	Yūsuf يوسف	☐	50	Qāf ق	☐	88	al-Ghāshiyah الغاشية	☐
13	ar-Ra'd الرعد	☐	51	adh-Dhāriyāt الذاريات	☐	89	al-Fajr الفجر	☐
14	Ibrāhīm إبراهيم	☐	52	aṭ-Ṭūr الطور	☐	90	al-Balad البلد	☐
15	al-Ḥijr الحجر	☐	53	an-Najm النجم	☐	91	ash-Shams الشمس	☐
16	an-Nahl النحل	☐	54	al-Qamar القمر	☐	92	al-Layl الليل	☐
17	al-Isrā' الإسراء	☐	55	ar-Raḥmān الرحمن	☐	93	aḍ-Ḍuḥā الضحى	☐
18	al-Kahf الكهف	☐	56	al-Wāqī'ah الواقعة	☐	94	ash-Sharḥ الشرح	☐
19	Maryam مريم	☐	57	al-Ḥadīd الحديد	☐	95	at-Tīn التين	☐
20	Ṭā Hā طه	☐	58	al-Mujādilah المجادلة	☐	96	al-'Alaq العلق	☐
21	al-Anbiyā' الأنبياء	☐	59	al-Ḥashr الحشر	☐	97	al-Qadr القدر	☐
22	al-Ḥajj الحج	☐	60	al-Mumtaḥanah الممتحنة	☐	98	al-Bayyinah البينة	☐
23	al-Mu'minūn المؤمنون	☐	61	aṣ-Ṣaff الصف	☐	99	az-Zalzalah الزلزلة	☐
24	an-Nūr النور	☐	62	al-Jum'ah الجمعة	☐	100	al-'Ādiyāt العاديات	☐
25	al-Furqān الفرقان	☐	63	al-Munāfiqūn المنافقون	☐	101	al-Qārī'ah القارعة	☐
26	ash-Shu'arā' الشعراء	☐	64	at-Taghābun التغابن	☐	102	at-Takāthur التكاثر	☐
27	an-Naml النمل	☐	65	aṭ-Ṭalāq الطلاق	☐	103	al-'Aṣr العصر	☐
28	al-Qaṣaṣ القصص	☐	66	at-Taḥrīm التحريم	☐	104	al-Humazah الهمزة	☐
29	al-'Ankabūt العنكبوت	☐	67	al-Mulk الملك	☐	105	al-Fil الفيل	☐
30	ar-Rūm الروم	☐	68	al-Qalam القلم	☐	106	Quraysh قريش	☐
31	Luqmān لقمان	☐	69	al-Ḥāqqah الحاقة	☐	107	al-Mā'ūn الماعون	☐
32	as-Sajdah السجدة	☐	70	al-Ma'ārij المعارج	☐	108	al-Kawthar الكوثر	☐
33	al-Aḥzāb الأحزاب	☐	71	Nūḥ نوح	☐	109	al-Kāfirūn الكافرون	☐
34	Saba' سبأ	☐	72	al-Jinn الجن	☐	110	an-Naṣr النصر	☐
35	Fāṭir فاطر	☐	73	al-Muzzammil المزمل	☐	111	al-Masad المسد	☐
36	Yā-Sīn يس	☐	74	al-Muddaththir المدثر	☐	112	al-Ikhlāṣ الإخلاص	☐
37	aṣ-Ṣāffāt الصافات	☐	75	al-Qiyāmah القيامة	☐	113	al-Falaq الفلق	☐
38	Ṣād ص	☐	76	al-Insān الإنسان	☐	114	an-Nās الناس	☐

Old revision (manzil) works best as a fixed rotation: you revise a set portion each day, in order, and start again when you reach the end. As a guide, try to bring every juz you have memorised round at least once every one to two weeks. Agree the amounts with your teacher.

If you have memorised	Old revision each day (a guide)	Each juz comes round about every
1 to 3 juz	A quarter to half a juz	4 to 6 days
4 to 10 juz	Half to 1 juz	1 to 2 weeks
11 to 20 juz	1 to 2 juz	1 to 2 weeks
21 to 30 juz	2 to 3 juz	1 to 2 weeks

My rotation

Day	Old revision (from - to)	Day	Old revision (from - to)
Day 1		Day 8	
Day 2		Day 9	
Day 3		Day 10	
Day 4		Day 11	
Day 5		Day 12	
Day 6		Day 13	
Day 7		Day 14	

When you reach the last day, start again at Day 1. Rewrite the rotation when you add a new juz.

Week 1 Weekly plan and record

Week starting	
This week's target	New lesson: from _____ to ____

Day	New lesson (from - to)	Recent revision	Old revision	Min.	Teacher ✓
Mon					☐
Tue					☐
Wed					☐
Thu					☐
Fri					☐
Sat					☐
Sun					☐

This week

Looking back	Notes
What went well	
Where I made mistakes	
Similar verses I noticed	
Teacher's note	

Week 2 Weekly plan and record

Week starting	
This week's target	New lesson: from _____ to ____

Day	New lesson (from - to)	Recent revision	Old revision	Min.	Teacher ✓
Mon					☐
Tue					☐
Wed					☐
Thu					☐
Fri					☐
Sat					☐
Sun					☐

This week

Looking back	Notes
What went well	
Where I made mistakes	
Similar verses I noticed	
Teacher's note	

Week 3 Weekly plan and record

Week starting	
This week's target	New lesson: from _____ to ____

Day	New lesson (from - to)	Recent revision	Old revision	Min.	Teacher ✓
Mon					☐
Tue					☐
Wed					☐
Thu					☐
Fri					☐
Sat					☐
Sun					☐

This week

Looking back	Notes
What went well	
Where I made mistakes	
Similar verses I noticed	
Teacher's note	

Week 4 Weekly plan and record

Week starting	
This week's target	New lesson: from _____ to ____

Day	New lesson (from - to)	Recent revision	Old revision	Min.	Teacher ✓
Mon					☐
Tue					☐
Wed					☐
Thu					☐
Fri					☐
Sat					☐
Sun					☐

This week

Looking back	Notes
What went well	
Where I made mistakes	
Similar verses I noticed	
Teacher's note	

Week 5 Weekly plan and record

Week starting	
This week's target	New lesson: from _____ to ____

Day	New lesson (from - to)	Recent revision	Old revision	Min.	Teacher ✓
Mon					☐
Tue					☐
Wed					☐
Thu					☐
Fri					☐
Sat					☐
Sun					☐

This week

Looking back	Notes
What went well	
Where I made mistakes	
Similar verses I noticed	
Teacher's note	

Week 6 Weekly plan and record

Week starting	
This week's target	New lesson: from _____ to ____

Day	New lesson (from - to)	Recent revision	Old revision	Min.	Teacher ✓
Mon					☐
Tue					☐
Wed					☐
Thu					☐
Fri					☐
Sat					☐
Sun					☐

This week

Looking back	Notes
What went well	
Where I made mistakes	
Similar verses I noticed	
Teacher's note	

Week 7 Weekly plan and record

Week starting	
This week's target	New lesson: from _____ to ____

Day	New lesson (from - to)	Recent revision	Old revision	Min.	Teacher ✓
Mon					☐
Tue					☐
Wed					☐
Thu					☐
Fri					☐
Sat					☐
Sun					☐

This week

Looking back	Notes
What went well	
Where I made mistakes	
Similar verses I noticed	
Teacher's note	

Week 8 Weekly plan and record

Week starting	
This week's target	New lesson: from _____ to ____

Day	New lesson (from - to)	Recent revision	Old revision	Min.	Teacher ✓
Mon					☐
Tue					☐
Wed					☐
Thu					☐
Fri					☐
Sat					☐
Sun					☐

This week

Looking back	Notes
What went well	
Where I made mistakes	
Similar verses I noticed	
Teacher's note	

Month 1 **Monthly review**

Month	
New pages memorised	
Juz completed or tested	
Days I kept my routine	___ out of ___
Test or exam result	
My biggest win	
What I will change next month	
Goal for next month	

Teacher's comment	Parent's comment

Teacher's signature _____ Parent's signature _____

Month 2 **Monthly review**

Month	
New pages memorised	
Juz completed or tested	
Days I kept my routine	___ out of ___
Test or exam result	
My biggest win	
What I will change next month	
Goal for next month	

Teacher's comment	Parent's comment

Teacher's signature _____ Parent's signature _____

Write every place where you keep making the same mistake, the correct wording, and the dates you recited it correctly. When you have three correct dates, the mistake is fixed.

[illegible]

... أَنْ تَجْعَلَ الْقُرْآنَ رِيْعَ قَلْبِي، وَنُورَ صَدْرِي،
وَجِلَاءَ حُزْنِي، وَذَهَابَ هَمِّي

“... that You make the Qur'an the spring of my heart, the light of my chest, the removal of my sadness and the departure of my worry.”

From a longer du'ā' narrated by Aḥmad (3712); graded authentic by al-Albānī.

Memorise with the Himaayah Madrasah

A dedicated teacher who listens, corrects and tracks every surah, with revision built in, five classes a week. Already finished? Make it firm with Muraajah.

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Plan it, track it, keep it.

This free planner from the Himaayah Madrasah gives students, parents and teachers one place to plan and record a student's hifdh, week by week.

- Your goal, your intention and a realistic timeline
- A tracker for all 30 juz and all 114 surahs
- Eight weekly planning pages: new lesson, recent and old revision
- Monthly reviews with space for your teacher and parent
- A revision rotation and a mistake log



Memorise with a Himaayah teacher

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